



SAILS guide to training and resources for staff supporting students with disabilities

I am looking for training and resources on:

Mental health and supporting students with Autistic Spectrum Conditions

1. Mental health awareness

Course number 500 on ABW. [Check ABW for course details](#) or for further information email dts@swansea.ac.uk

2. Depression, anxiety, low self-esteem

Enhance your skills, knowledge and confidence in offering a first line of support to students who are experiencing depression, anxiety, or low self-esteem and/or who are at risk or in crisis.

This [e-learning package](#) designed for staff in universities consists of six 20 minute sessions including:

- Signs to look out for
- Key helping skills
- Knowing who else to involve
- Supporting students at risk or in crisis

3. A guide to managing distressed students

[Information and useful tips](#) on offering a first line of support to students in distress, put together by the Swansea University [Wellbeing Service](#).

4. Autistic Spectrum Conditions

Supporting Students with Autistic Spectrum Conditions (course number 281 on ABW). [Check ABW for course details](#) or for further information email dts@swansea.ac.uk

Supporting students with welfare needs

1. Supporting students in need

Course 125 on ABW. [Check ABW for course details](#) or for further information email dts@swansea.ac.uk

2. Student Life Network staff training

For details of upcoming training courses, contact Welfare@CampusLife by phoning 01792 602000 or emailing Welfare.campuslife@swansea.ac.uk

3. Student Life Network staff resources

Detailed resources for staff supporting students with a range of welfare issues and information on when and where to refer students to more specialist services. The link to the SLN resources can be found on [Blackboard](#) under My Organisations. If you are unable to access the resources contact Welfare@CampusLife by phoning 01792 602000 or emailing Welfare.campuslife@swansea.ac.uk.

4. Welfare referral guide

[Guidance on making referrals](#) to other university services or students with welfare or wellbeing issues is available on Collaborate in English and Welsh.

5. Student Life Network student resources

[Self-help online resources for students](#) with practical advice and support on an array of different welfare topics

6. Hate Crime Awareness

This Blackboard module aims to raise awareness on how to recognise the difference between a hate crime and a hate incident and to identify who may be victims of hate crime/incidents. It provides information on reporting a hate occurrence and the support the victim can receive.

Find the module in [Blackboard](#) within the Student Life Network resources.

Inclusivity in learning and teaching

1. SALT Inclusivity Blackboard module

Develop a more inclusive approach to your role with the [SALT inclusivity module](#). Make sure you are logged on to Blackboard to access the course. Contact Mandy Jack for further information: m.j.jack@swansea.ac.uk

2. SAILS online resources - Students with disabilities: Teaching and assessment

An [introduction to mental health conditions, specific learning difficulties \(SpLDs\), and other disabilities](#) to support teaching and assessment, including information on:

- Particular student disabilities
- The impact they may have upon student's work
- How you can help

3. SAILS staff guide on accessible and inclusive materials

Make your [printed and online resources accessible and inclusive](#) for the benefit of all students but in particular those with specific learning difficulties and/or disabilities.

4. Inclusive learning and teaching environments

This free Future Learn [online course explores the barriers experienced by disabled students](#). Learn how to overcome these barriers through inclusive practices.

5. Education for all: Disability, Diversity and Inclusion

This free Future Learn online course will help you to [discover ways to make education more inclusive](#), especially in areas where resources are limited.

6. Inclusive Education: Knowing what we mean

This free Open Learn course offers [an introduction to educational inclusion](#) which explores differing perspectives on inclusion, in particular the way that medical and social models have influenced and shaped current thinking. It also considers barriers to inclusion and the difference between integration and inclusion.

I want to share ideas with other members of staff:

1. SAILS Community of Practice for staff supporting students with disabilities

The CoP meets regularly and is open to all staff who support students with disabilities academically or administratively.

There are presentations on areas of interest, updates from services and opportunities for discussion and sharing good practice.

Join now by emailing inclusivity@swansea.ac.uk to receive meeting notifications and the newsletter.

2. SAILS Online Community forum for staff supporting students with disabilities

The [online forum](#) is for staff to connect and share ideas. Sign in regularly for updates on training opportunities, using the first part of your University email address and standard password.

For information on upcoming SAILS workshops, events, and conferences, visit the [SAILS website](#) and Swansea University [Events Calendar](#).

For further information on SAILS events, email inclusivity@swansea.ac.uk



This work is licensed under a [Creative Commons Attribution-NonCommercial-ShareAlike 4.0 International License](#)