



# SAILS Peer Mentoring Award

Student Mentor Name ..... Student Number..... College/School.....

As a student mentor you can work towards achieving the annual SAILS Peer Mentoring Award. This will be recorded on your Higher Education Achievement Report (HEAR). To get the award you will need to do each of the following activities:

Activity	Evidence	Complete ✓
1. Attend College peer mentoring <b>training session(s)</b>	Trainer to sign activity log	
2. Give <b>feedback</b> on the scheme e.g. through a questionnaire, feedback session held by the coordinator, or by feeding back directly to the coordinator	Scheme coordinator to sign activity log	
3. <b>Either</b> Take part in at least one College/School <b>induction event, open day or visit day</b> <b>Or</b> Help <b>promote</b> the scheme e.g. at events; on social media; by designing and distributing flyers/posters; by recruiting a friend to become a mentor; or by updating the College noticeboard	Scheme coordinator to sign activity log	
4. Complete a minimum of <b>six hours mentoring</b> (face to face or online). This could be done over a two year period	Mentees to sign activity log or provide an email to evidence contact. Scheme coordinator to countersign activity log	

<p><b>5. Produce a reflective journal</b> (350-400 words) on the skills gained and challenges faced This will need to show that you have:</p> <ul style="list-style-type: none"> <li>• Developed an <b>awareness</b> of the general issues students face when they first arrive at University and during their time here. This could be through the training, interaction with mentees or through your own personal experience. Further reading is available via the SAILS <a href="#">e-toolkit</a></li> <li>• Acted as a <b>positive role model</b> for mentees; supplied suitable information and answered questions on life as a student</li> <li>• <b>Contributed</b> to scheme development. This could include helping with evaluation, attendance at information events held to recruit/train mentors or providing scenarios for future training</li> </ul>	<p>Submit reflective journal to scheme coordinator</p> <p>Scheme coordinator to sign activity log to show that you have contributed towards scheme development</p>	
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